

HOWARD COUNTY MENTAL HEALTH AUTHORITY

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Board Meeting Minutes October 6, 2015

BOARD MEMBERS PRESENT: Aziz, Blackwell, Brown, Filipczak, Goodwin, Liggett-Creel, Liu, Monahan, Rodgers-Bonaccorsy, Schmidt, Schulmeyer, Seybolt, Wasser, and Wells.

BOARD MEMBERS ABSENT: Foster, Geddes, Hull, Mouratidis, Paez

STAFF MEMBERS PRESENT: Choo Quan, Schaffer

1. **GUESTS PRESENT:** Debbie Meyer, Karen Beck

The meeting started at 6:08 p.m.

2. **MOTION:** The agenda was amended to remove Item 5a, Staff Presentation. A motion was made to approve the agenda for October 6, 2015 as amended. The motion was seconded and unanimously approved.

3. **MOTION:** A motion was made to approve the Board meeting minutes for September 1, 2015. The motion was seconded and unanimously approved.

4. **ATTENDANCE REVIEW:**

The following Board members were excused from the October 6, 2015 Board meeting: Foster, Geddes, Hull, Mouratidis, and Paez. A motion was made to approve the absent Board members. The motion was seconded and unanimously approved.

5. **Executive Director's Report:**

FY16 1st Quarter Monitoring from BHA:

A copy of the letter from BHA, dated 9/22/15, is included in your Board packet. Because one consultant has not yet signed and returned the FY16 MOU, we were not able to score 100% on having contracts signed by 7/1/15.

Shelter Plus Care Grant:

This is a serious issue that will affect not only our HUD funded program, but all HUD subsidized programs in the county. We have received notice that the "Fair Market Rent" for Columbia is being lowered by nearly \$400 and that Columbia is being lumped in with Baltimore City and County. We have sent a letter to the local HUD office requesting a meeting to discuss this issue.

Development of a Suicide Fatality Team:

Simone, our Mental Health Liaison within the HCPD, has proposed the development of a local Suicide Fatality Team to review all suicides similar to the Child Fatality Team (CFT) and the Domestic Violence Fatality Review Team (DVFRT). Both of these two existing teams are mandated by state statute. However, we hope to pursue this local team without a legislative mandate. There were 22 confirmed suicides in 2014 in Howard County (see Board packet for info). This information has also been shared with the Health Department's Local Health Improvement Coalition (LHIC), which has a sub-committee on behavioral health. This behavioral health sub-committee has a goal of reducing suicides in FY16.

Update on Directory:

A vendor has been selected by the county IT Department to work on making the outpatient treatment provider information more accessible via our website and mobile devices. We will be working on this project over the next two months in the hopes of implementing this change by the end of the second quarter.

Urgent Care Services:

These grant funded services have been operating since 9/1/15 for referrals from the HCGH staff only. Plans are to expand beyond HCGH in three months once the start-up issues are addressed.

IMD Issue (Institute for Mental Disease):

Effective 7/1/15 the state no longer has an IMD exclusion from the feds to pay for inpatient psychiatric services in private psychiatric hospitals for those covered by Medical Assistance between the ages of 21 and 64 years of age. Now the state must use State General Funds (SGF) for this and has limited funds to cover this in FY16. During the previous FY15 over 3500 individuals with MA were served by the private hospitals. This will cause longer waits in the local Emergency Departments. A meeting is scheduled with HCGH that will include Grassroots, HCMHA and the HCPD to discuss how individuals can be diverted from the ED if at all possible through the use of existing crisis services. (See attached letter from DHMH).

Commit2Five Campaign:

Wells shared information about the Commit2Five campaign and asked Board members to commit to spend five minutes per week engaged in an advocacy activity.

6. Financial Director's Report:

Expenses through 8/31/15	Expenditure	Comments
Admin Budget	\$46,886	
State General Funds	\$264,433	
Federal Block Grants	\$114,156	
Other Grants	\$193,132	
County Grants	\$0	MCT
	\$475	HCPD
	\$0	ED Follow Up
	\$0	OOOHC
	\$9,520	LAA
Horizon/Crisis Beds	\$19,563	
Fee for Service	\$18,750,260	FY 15
	\$3,225,326	1st quarter FY16

Wells reported that the Fee for Service figure is unusually high because it includes LAA claims.

7. Standing Committee Reports

a. Executive Committee

Next Steps in BH Integration:

Effective 10/1/15, the Health General Statute that established CSAs has been amended to include language regarding Local Addiction Authorities (LAAs) and Local Behavioral Health Authorities (LBHA). Since we are the only quasi-public model, there is an entire page devoted to Howard County under section 10-1202.1. The biggest news is that LAAs will be able to request the use of rollover funds beginning in FY17 for FY16.

Locally, do we need to consider making an official change to the LBHA for HCMHA? What would be the steps to take to accomplish this?

Also, the latest draft of the BH regulations are now available for comment. A meeting will be scheduled with local addiction and mental health providers to discuss the national certification issue. There has been a flurry of emails gathering information from providers about the impact of this change. This may become a significant issue during the next legislative session.

HCMHA's Fiscal Position in FY16 and FY17:

Follow-up to discussion at last meeting re: salary increases for staff and funding for a new staff position.

Mental Health Award:

The committee discussed the possibility of initiating a Mental Health Award in honor of Joe Friend. It was agreed that Wells will follow up with NAMI to see if HCMHA can give Joe this award

at the Sunday Supper on 10/18/15 since NAMI will be honoring Joe on that date as well. Staff will work on something to present to the Board at the October meeting.

It was suggested that the award not become an annual award but awarded on an as needed basis and be in a form that is appropriate to the recipient, for example, a plaque, gift card, monetary, etc.

A motion was made to approve The “Friend” of Mental Health Award, with the first one being awarded to Joe Friend. The motion was seconded and unanimously approved.

b. Budget

1. Review Administration Expenses for August 2015:

Expenditures were reviewed and were within budget.

2. Reviewed Y-T-D admin expenditures:

Expenditures were reviewed and were within budget.

3. Reviewed Y-T-D expenditures for County and State and Federal grants:

Expenditures were reviewed and were within budget.

4. Reviewed bank reconciliations:

Bank reconciliations were reviewed and signed by Seybolt.

c. Health Care Policy and Planning Committee

Shelter Plus Care (S+C) Grant:

HUD has just released the Fair Market Rent (FMR) for the upcoming federal fiscal year (10/1/15). Historically, Columbia’s FMR was separate from surrounding jurisdictions and has been \$1,316 for a one bedroom apartment. Effective 10/1/15, we have been lumped with Baltimore City and County and we will only be allowed \$945 for a one bedroom apartment. Our HUD grant amount will not change. Therefore we have concerns that we will need an additional \$4,000 per month (\$400x 10 placements) for a total of \$48,000 additional funds to sustain the 10 clients currently housed by this grant. Other jurisdictions are affected as well, but the hit on us is greater due to the cost of apartments in Columbia. Plans are to write a letter to HUD stating we will not be able to sustain the 10 placements with this new formula. This affects other HUD funded housing programs in the county as well so we will partner with them too.

Rapid Access Program/ Urgent Care:

The grant funded RAP program has begun taking referrals with funding from HCGH. For the first three months the referrals are limited to HCGH, while the data tracking, evaluation procedures etc. are being worked out. Plans are to make this available to community partners such as HCMHA, NAMI and Grassroots during the next phase. Funding for this pilot program has been provided by HCGH (\$75,000) and the Horizon Foundation (\$50,000). WayStation’s Outpatient Mental Health Center (OMHC) is the community provider to whom these urgent outpatient referrals are made.

Patient Centered Medical Home Proposal:

At the Board meeting on 9/1, Dr. Goodwin gave me a copy of his proposal to review (see copy in Board packet). I thought it best to bring it to this committee to discuss. It was agreed that this is a bigger issue than HCMHA could manage due to its mission to serve the publicly funded system. Wells agreed that the lack of private psychiatrists who take insurance was a major issue highlighted by the Behavior Health Task Force (BHTF) report completed in FY15. Wells will refer this to the County Executive’s policy analyst who is monitoring the follow-up to the BHTF recommendations and ask him to schedule a meeting with various partners like HCGH, the Horizon Foundation, First Regional Care Coordination, Dr. Goodwin and other HCMHA Board members (Liu was on the BHTF) to discuss how best to proceed.

Mental Health Directory:

HCMHA has county funds in FY16 to develop the directory so that it is searchable by mobile devices, which was identified by the BHTF as a way to reach out to a broader audience, especially young adults. HCMHA staff have been working with the county IT Department on this issue as they will locate a vendor who will be able to handle this project for HCMHA. The Board packet contains the most recent summary of this project.

Staff Presentations:

At the last Board meeting Wells suggested that HCMHA staff present to the Board about their role and responsibilities to educate new Board members and provide a refresher to the “not so new” ones. Janet Jones, HCMHA Adult Coordinator will present at the Board meeting on 10/6/15.

d. Board Development Committee

Liggett-Creel and Liu have been approved by the County for reappointment.

Karen Beck was interviewed for the vacant Consumer position.

Comments from the Board:

Karen Beck shared information on the Center of Excellence on Compulsive Gambling.

8: Board adjourned at 7:15 p.m. Minutes prepared by: Chris Schaffer

Reviewed and Approved by Board: _____
Signature Date