

FY 2018 Goals and Objectives

GOAL I

Promote community awareness, education and support for a system of integrated services for individuals with a behavioral health disorder.

Objective 1.1: Monitor legislation that affects behavioral health funding and services and maintain a quick response system to share information.

Action Step 1.1.1: HCMHA will educate local community, elected officials, providers, consumers and family members on issues related to services and funding.

Indicators: *List to whom legislation tracking grid is sent/ frequency*
List of meetings/ dates with local and state officials
Number of new online communication formats (i.e. Blogs/E-Newsletters)
Number of increased social media communications (i.e. Facebook, Twitter)

Action Step 1.1.2: HCMHA will provide materials on health and wellness at various Health Fairs and to community organizations upon request.

Indicators: *Number of Health Fairs staffed*
Number of Directories printed and disseminated
Number of Spanish Language directories disseminated

Action Step 1.1.3: HCMHA will provide Mental Health First Aide training to various groups throughout the community.

Indicators: *Number of MHFA trainings held/ number of individuals who receive MHFA training.*
Number of individuals who are trained as trainers in Howard County
Number of additional specialty trainings (i.e Public safety, Older Adults) completed by existing MHFA trainers.

Objective 1.2: Promote a system of integrated care that focuses on improved health and wellness for populations served.

Action Step 1.2.1: HCMHA will continue to include local addiction providers into the quarterly Provider Meetings, co-chaired by the CSA and the LAA, to address treatment issues related to substance use and mental health issues.

Indicators: *Provide information via emails and quarterly meetings throughout the fiscal year to both mental health and substance use providers.*
Develop questionnaire for all providers to identify their staff's training needs.

Action Step 1.2.2: HCMHA will monitor programs developed by On Our Own of Howard County (OOOHC) at the Wellness and Recovery Center that promote health and wellness.

Indicators: *Provide on-going consultation to the OOOHC Wellness and Recovery Center by the CSA and LAA at least quarterly regarding integrating the two populations served.*

Action Step 1.2.3:

Objective 1.3: Establish a coordinated prevention effort on behavioral health in partnership with the Health Department Bureau of Substance Abuse Services.

Action Step 1.3.1: Collaborate with existing community resources to develop and implement a prevention program that is effective across the lifespan.

Indicators:

Action Step 1.3.2: Develop a Suicide Fatality Review Team in the county to identify possible suicide prevention strategies.

Indicators: *Track number of completed suicides/ methods.
Develop a prevention/emotional wellness campaign.*

Action Step 1.3.3: Promote prevention strategies through health fairs and publicly recognized events such as a “Recovery Month”, Mental Health Awareness Week, Mental Health Month.

Indicators: *Number of events supported throughout the year.*

Action Step 1.3.4: Participate in the Opioid Fatality Review Committee as part of the Alcohol and Drug Abuse Advisory Board.

Indicators: *Number of ADAAB meetings attended.*

GOAL II

Services are focused on the Recovery Model and are culturally competent as well as consumer and family driven:

Objective 2.1: HCMHA will promote “Recovery” in all its forms throughout the local system through partnerships.

Action Step 2.1.1: HCMHA will operate a Foreign-Born Outreach Project to address the treatment needs of populations in various languages.

Indicators: *Number of outpatient treatments provided
Number of providers with whom HCMHA has a MOU
Number of languages covered by this grant
Number of language interpretations provided*

Action Step 2.1.2: HCMHA will assure that information is available in different languages as needed for dissemination to the community.

Indicators: *Number of Spanish language directories printed and disseminated.*

Action Step 2.1.3: HCMHA will work closely with established cultural communities in its jurisdiction to effectively address behavioral health needs.

Indicators: *Number of meetings held with various cultural communities in the county such as Korean, Spanish speaking, etc.*

GOAL III

Utilize all available data to analyze trends, improve the quality of services and maintain system accountability.

Objective 3.1: HCMHA staff and Board members will conduct a Needs Assessment to conduct long term planning and develop a Strategic Plan for FY 18-22

Action Step 3.1.1: The Health Care Policy & Planning Committee of the Board will act as the steering committee for the Needs Assessment and Strategic Plan.

Indicators: *HCMHA staff and Board members will assist with Key Informant Interviews, Focus Groups, and analysis of existing raw data including OMS data to guide the Strategic Planning Process.*

HCMHA staff will create a data dashboard to monitor mental health trends in Howard County.

GOAL IV

Develop and maintain partnerships across community agencies, the provider community and general public that will promote an efficient delivery of behavioral health services.

Objective 4.1: Maintain existing partnerships and participation on Boards and committees throughout the county.

Action Step 4.1.1: HCMHA will maintain accurate list of Boards and committees on which staff participate.

Indicators: *List of minutes from committees/boards on which HCMHA staff participate.*

Action Step 4.1.2: HCMHA will review and update existing MOUs with various county agencies as needed.

Indicators: *List of agencies with whom HCMHA has a MOU.*

Objective 4.2: Develop new partnerships as needed to address mental health/behavioral health issues.

Action Step 4.2.1: Review available grant funding opportunities that may result in new partnerships to address mental health/behavioral health issues.

Indicators: *List of any grants submitted for funding either as the lead agency or as a partner agency throughout the fiscal year.*

GOAL V

Collaborate with the local Health Department and county government to integrate both the administrative functions and services of a local Behavioral Health entity.

Objective 5.1: Continue regular meetings with leadership of the Health Department to address the integration of the administrative functions of a local behavioral health entity.

Action Step 5.1.1: HCMHA will attend the Alcohol and Drug Abuse Advisory Board (ADAAB) and the Health Department's Bureau of Behavioral Health will attend HCMHA's Board meeting.

Indicators: *Number of meetings attended throughout the fiscal year.
Implement outcome of the Form and Function component of the FY 18-22 Strategic Plan for next steps in integration process*

Objective 5.2: HCMHA will continue to coordinate with the Health Department Bureau of Behavioral Health to jointly fund a Wellness and Recovery Center operated by On Our Own of Howard County.

Action Step 5.2.1: HCMHA will meet regularly with Health Department's Bureau of Behavioral Health staff and On Our Own of Howard County to assure Conditions of Award for both grants are being met.

Indicators: *Quarterly meeting with OOOHC to assure the Conditions of Award of both the CSA's and LAA's grants are being met.*

